

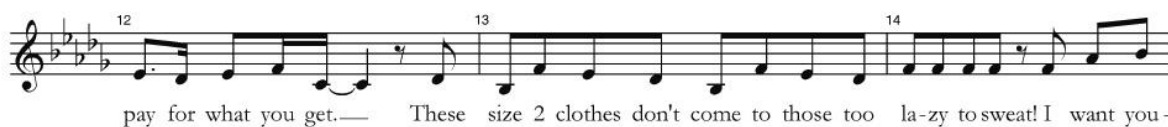
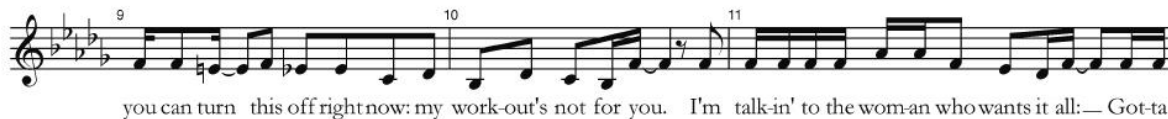
Brooke
Callahan
Warner
Ensemble

WHIPPED INTO SHAPE

12

BROOKE: "Hi! I'm Brooke Wyndham.
Welcome back to the Wyndham Workout
Disc 2 Challenge -- and our commitment
to being the best you can be!"
MINIONS: "YEAH!"

BROOKE: "So grab your CardioWhyp 5000... '
Cause if you want to get ripped?
You've gotta get whyped!"



#12 – Whipped Into Shape

15 (BROOKE)

Whipped In - to Shape! When I say "Jump" say "How high?" You know you're -

CHORUS:

Whipped In - to Shape! Say "How high?"

Whipped In - to Shape! Say "How high?"

17 do - in' it right When you start To— cry! If you don't Look like you should, You got to -

18 do - in' it right To— cry! Look like you should,

19 do - in' it right To— cry! Look like you should,

20 WHIP it! WHIP it! Whip it good! I'm sor-ry, la-dies, no es-cape!... Till you're WHIPPED IN-TO SHAPE!

21 sub. *p* WHIP it! WHIP it! Whip it good! Ah, no es - ca-ape! WHIPPED IN-TO SHAPE!

22 *f* WHIP it! WHIP it! Whip it good! Ah, no es - ca-ape! WHIPPED IN-TO SHAPE!

#12 – Whipped Into Shape